



On Ramp Registration Form

Please complete the form, select your On Ramp session, indicate your payment method and return to CrossFit Winnipeg:

Fax: (204) 414-9349

Scan & email: tania@crossfitwinnipeg.com

In Person: 420 Des Meurons, Unit #114

Name: _____

Address: _____ Postal Code _____

Date of Birth: Day _____ Month _____ Year _____

Telephone: _____ Email: _____

Select Your On Ramp Session:

____ #5- March 15th to April 13th, 2010 (Monday, Tuesday, Thursday 6:00PM-7:00PM, no class March 26th & 29th)

____ #6- April 5th to April 30th, 2010 (Monday, Wednesday, Friday 6:00AM-7:00AM)

____ #7- April 19th to May 14th, 2010 (Monday, Tuesday, Thursday 6:00PM-7:00PM)

Terms and Conditions:

1. All fees outlined must be paid in full, regardless of usage. This registration is non refundable and non-transferable.
2. Athletes must complete the 12 On Ramp classes before joining the ongoing CrossFit group. If the athlete misses a class, they must make arrangements with the coach to make up the class or book a personal training session to cover the missed material, at his or her own expense.
3. CrossFit Winnipeg reserves the right to reschedule an On Ramp session if necessary. In such a case, the athlete will receive notification and credit toward the rescheduled session.

Payment Method:

I would like to pay my On Ramp registration fee of \$150.00 + \$7.50 GST for a total of \$157.50 in person by cash or cheque. Payment must be received in full to reserve a place in the On Ramp session.

I would like to have my On Ramp registration fee automatically debited from my account. I hereby authorize CrossFit Winnipeg Inc. to debit my account in the amount of \$150.00 + 7.50GST for a total of \$157.50. Please attach copy of void cheque here:

Please insert copy of void cheque here

I would like to charge my credit card the \$157.50 On Ramp registration fee.

Visa MasterCard

C/C Number: _____ Expiry date ____ / ____

Name: _____

(Please print name on credit card)

Signature: _____

Date: _____