

WOD 4 NOVICE

TIME

Start	End	Team 1		Team 2		Team 3		Team 4		Team 1		Team 2		Team 3	
Sunday Jan 11th, 2015		Ladies		Ladies		Ladies		Ladies		Men		Men		Men	
9:00:00 AM	9:15:00 AM	A24	Zurkan	A7	Just for Fun	A9	AMRAP Rappers	A15	Team Fivefifteen	B2	The Old Guys	B1	NWO Core	B15	Ninjas in Training
9:15:00 AM	9:30:00 AM	A11	Robo-Meisters	A4	2 Brunettes go up to th	A16	Mother Thrusters	A5	Chalk Dirty to Me	B3	Team Husky Division	B14	Hollow Rockers	B10	Jesse & Adam
9:30:00 AM	9:45:00 AM	A19	204 Masters Chix	A1	204 Chix	A6	Sisters of the travelling	A14	Bunz'nGunz	B4	Undefeated Grinding R	B13	Mike & John	B7	SC
9:45:00 AM	10:00:00 AM	A13	Kailee&Allie	A21	HardCore	A23	Get Fit, Die Trying	A2	Bar-Belles	B16	Rameez & Geoff	B6	Snatches 4 Life	B12	WOD Killerz
10:00:00 AM	10:15:00 AM	A10	Scaled As Hell	A20	Can't Snatch This	A8	Fast & Furious	A12	Swole Patrol	B5	The Tune Squad	B9	Manitoba mooseknuckl	B11	Bro for calories
10:15:00 AM	10:30:00 AM	A3	Snatch us if you can	A18	Violence & Hate	A17	BarBellas	A22	Less Twerking, more Jer	B8	Not So Supple Leopards	B17	Potash N' Crete		