

# WOD 3 - RX Division

The PHOTO OP

EVENT STANDARDS/BRIEF: 9:30AM

Ladies/Mixed Station 1			Mens Station 2 START TIME		
Team	Name		Team	Name	
XR1	We lift more than we make	Mixed RX	MR1	Jay and Dave	Men RX <b>9:40:00 AM</b>
XR2	Right Up Main Street	Mixed RX	MR2	Anything but last	Men RX 9:42:30 AM
XR3	Mixed Up	Mixed RX	MR3	[807] Awkward Bromance	Men RX 9:45:00 AM
XR4	Team Fort Frances	Mixed RX	MR4	Liquid Dreams	Men RX 9:47:30 AM
XR5	204 Shreddz	Mixed RX	MR5	Team Check It	Men RX 9:50:00 AM
XR6	Bend and Snatch	Mixed RX	MR6	CrossFit Virgins	Men RX 9:52:30 AM
XR7	Squats and Tots	Mixed RX	MR7	#FreeMoney	Men RX 9:55:00 AM
XR8	We've got this Mastered!	Mixed RX	MR8	The Southern Outlanders	Men RX 9:57:30 AM
XR9	Mighty Mice	Mixed RX	MR9	Get Busy Wodding or Get Busy Dying	Men RX 10:00:00 AM
XR10	Grip it & Rip it 2.0	Mixed RX	MR10	Almost Famous	Men RX 10:02:30 AM
			MR11	Wrinkled Beasts	Men RX 10:05:00 AM
LR1	Weights Before Dates 1	Ladies RX	MR12	OTPHJ's	Men RX 10:07:30 AM
LR2	Maddy and Cait	Ladies RX	MR13	Bodies By Bacon	Men RX 10:10:00 AM
LR3	Team Hercules	Ladies RX	MR14	Bow Tie Killers	Men RX 10:12:30 AM
LR4	Jessica Lion	Ladies RX	MR15	Ultimate Maniac	Men RX 10:15:00 AM
LR5	Tight Snatches	Ladies RX	MR16	Beers N Burps	Men RX 10:17:30 AM
LR6	Squats & Giggles	Ladies RX	MR17	Our First Time	Men RX 10:20:00 AM
LR7	204 Quadsdottirs	Ladies RX			10:22:30 AM
LR8	PU11 Comin' In Hot!	Ladies RX			10:25:00 AM
LR9	Weights before Dates 2	Ladies RX			10:27:30 AM
<b>End Time</b>					<b>10:36:30 AM</b>