

Wod 3- Non-RX Division

The PHOTO OP

EVENT STANDARDS/BRIEF: 2:00 PM

Station 1			Station 2			
LN1	Twisted Sisters	Ladies Non-RX	MN1	KYU Gorillaz	Men Non-RX	2:15:00 PM
LN2	CallSignCF	Ladies Non-RX	MN2	Drinkers with a Crossfit Prob	Men Non-RX	2:17:30 PM
LN3	Quad Squad	Ladies Non-RX	MN3	Take off your pants and snat	Men Non-RX	2:20:00 PM
LN4	Teen Titans	Ladies Non-RX	MN4	204 Masters	Men Non-RX	2:22:30 PM
LN5	Wine Sippers Bar (Ladies Non-RX	MN5	Tighty Whities	Men Non-RX	2:25:00 PM
LN6	WOD now Wine L&	Ladies Non-RX	MN6	Guns and Hoses	Men Non-RX	2:27:30 PM
LN7	Old and snatchy	Ladies Non-RX	MN7	Her snatch gave me burpees	Men Non-RX	2:30:00 PM
LN8	Fitness? Wine not'	Ladies Non-RX	MN8	Super Snatch Brothers	Men Non-RX	2:32:30 PM
LN9	Scaled as Hell	Ladies Non-RX	MN9	TIMBER	Men Non-RX	2:35:00 PM
LN10	Cupcakes & Quads	Ladies Non-RX	MN10	Pine Creek Warriors	Men Non-RX	2:37:30 PM
LN11	Hard Wods & Sexy	Ladies Non-RX	MN11	Mexican Madness	Men Non-RX	2:40:00 PM
LN12	Grip it and rip it	Ladies Non-RX	MN12	Troy Barnard	Men Non-RX	2:42:30 PM
LN13	Core Killers	Ladies Non-RX	MN13	Thrusters are the Siths	Men Non-RX	2:45:00 PM
LN14	Chalk Dirty To Me	Ladies Non-RX	MN14	Smoky and the Bandit	Men Non-RX	2:47:30 PM
LN15	Maybe M.A.B.B.A	Ladies Non-RX	MN15	Legion of doom	Men Non-RX	2:50:00 PM
LN16	Hot Tanolly	Ladies Non-RX	MN16	CFC SLAM	Men Non-RX	2:52:30 PM
LN17	Asstastic	Ladies Non-RX	MN17	Undefeated O/G's	Men Non-RX	2:55:00 PM
LN18	Young and the Bre	Ladies Non-RX	MN18	Hollow Rockers	Men Non-RX	2:57:30 PM
LN19	Swole Sisters	Ladies Non-RX	MN19	J & T Dynamite	Men Non-RX	3:00:00 PM
LN20	The Johnstondotti	Ladies Non-RX				3:02:30 PM
LN21	Squatastic	Ladies Non-RX				3:05:00 PM
LN22	Livesore	Ladies Non-RX	LN28	Crossfritters	Ladies Non-RX	3:07:30 PM
LN23	Salute the Glutes	Ladies Non-RX	LN29	Push Jerk it Real Good	Ladies Non-RX	3:10:00 PM
LN24	Snatch made in He	Ladies Non-RX	LN30	TBD-2	Ladies Non-RX	3:12:30 PM
LN25	Team Sphymomar	Ladies Non-RX	LN31	Mom Strong	Ladies Non-RX	3:15:00 PM
LN26	Mascara and Metc	Ladies Non-RX	LN32	Two blondes walk into a bar	Ladies Non-RX	3:17:30 PM
LN27	TBD-1	Ladies Non-RX	LN33	Southwest Strength	Ladies Non-RX	3:20:00 PM

Finish

3:29:30 PM