

**EVENT: 5 & 6 - Non-RX
 Dirty Jokes - The Burden
 EVENT STANDARDS/BRIEF: 8:40**

		LANE 1	LANE 2	LANE 3	LANE 4	LANE 5
		WOMENS	WOMENS	WOMENS	Men	MEN
HEAT 1	9:00:00 AM	Twisted Sisters	Grip it and rip it	Salute the Glutes	KYU Gorillaz	Pine Creek Warriors
HEAT 2	9:07:00 AM	CallSignCF	Core Killers	Snatch made in Heaven	Drinkers with a Crossfit Problem	Mexican Madness
HEAT 3	9:14:00 AM	Quad Squad	Chalk Dirty To Me	Team Sphymomano-what	Take off your pants and snatch it	Troy Barnard
HEAT 4	9:21:00 AM	Teen Titans	Maybe M.A.B.B.A	Mascara and Metcons	204 Masters	Thrusters are the Siths
HEAT 5	9:28:00 AM	Wine Sippers Bar Grippers	Hot Tanolly	TBD-1	Tighty Whities	Smoky and the Bandit
HEAT 6	9:35:00 AM	WOD now Wine Later	Asstastic	Crossfritters	Guns and Hoses	Legion of doom
HEAT 7	9:42:00 AM	Old and snatchy	Young and the Breastless	Push Jerk it Real Good	Her snatch gave me burpees	CFC SLAM
HEAT 8	9:49:00 AM	Fitness? Wine not?	Swole Sisters	TBD-2	Super Snatch Brothers	Undefeated O/G's
HEAT 9	9:56:00 AM	Scaled as Hell	The Johnstondottirs	Mom Strong	TIMBER	Hollow Rockers
HEAT 10	10:03:00 AM	Cupcakes & Quads	Squatastic	Two blondes walk into a bar	LANE 4	J & T Dynamite
HEAT 11	10:10:00 AM	Hard Wods & Sexy Bods	Livesore	Southwest Strength	LANE 4	LANE 5

TIME ENI 10:23:00 AM