| | | MIN | SEC | TIME | PART 3 SCALED | REPS | RANK |
|---|---|---|---|---|---|---|---|
| Fema #1: Advanced | Vanessa Degirolamo | 12 | 0 | 12:00 | 0 | 149 | 1 |
| Fema #1: Advanced | Sarah Hills | 12 | 0 | 12:00 | 0 | 146 | 2 |
| Fema #1: Advanced | Lindsey Ingram | 12 | 0 | 12:00 | 0 | 143 | 3 |
| Fema #1: Advanced | Taryn Romanowich | 12 | 0 | 12:00 | 0 | 140 | 4 |
| Fema #1: Advanced | Crystal Kirby-Peloquin | 12 | 0 | 12:00 | 0 | 137 | 5 |
| Fema #1: Advanced | Courtney Bathgate | 12 | 0 | 12:00 | 0 | 125 | 6 |
| Fema #1: Advanced | Raquel Chartrand-Moyer | 12 | 0 | 12:00 | 0 | 124 | 7 |
| Fema #1: Advanced | Valarie Perry | 12 | 0 | 12:00 | 0 | 113 | 8.5 |
| Fema #1: Advanced | Lela Kaunitz | 12 | 0 | 12:00 | 0 | 113 | 8.5 |
| Fema #1: Advanced | Maddi Jennings | 12 | 0 | 12:00 | 0 | 105 | 10 |
| Fema #1: Advanced | Renee-Claire Gautron | 12 | 0 | 12:00 | 0 | 57 | 11 |
| Fema #1: Advanced | Michelle McDonald | 12 | 0 | 12:00 | 0 | 55 | 12 |
| Fema #1: Advanced | Alexandra Allen | 12 | 0 | 12:00 | 1 | 138 | 13 |
| Fema #1: Advanced | Natalie Gerbrandt | 12 | 0 | 12:00 | 2 | 122 | 14 |
| Fema #1: Advanced | Jodi Podolas | 0 | 0 | 00:00 | 5 | 0 | 16 |
| Fema #1: Advanced | Leya Moore | 0 | 0 | 00:00 | 5 | 0 | 16 |
| Fema #1: Advanced | Regan Windsor | 0 | 0 | 00:00 | 5 | 0 | 16 |

| | | MIN | SEC | TIME | PART 3 SCALED | REPS | RANK |
|---|---|---|---|---|---|---|---|
| Fema #2: Intermedia | Laura Ceccarelli | 12 | 0 | 12:00 | 0 | 174 | 1 |
| Fema #2: Intermedia | Anroup Patti | 12 | 0 | 12:00 | 0 | 158 | 2 |
| Fema #2: Intermedia | Nikki Neufeld | 12 | 0 | 12:00 | 0 | 143 | 3 |
| Fema #2: Intermedia | Leonie Coulson | 12 | 0 | 12:00 | 0 | 141 | 4 |
| Fema #2: Intermedia | Nicole Ruttig | 12 | 0 | 12:00 | 0 | 129 | 5.5 |
| Fema #2: Intermedia | Stefanie Rempel | 12 | 0 | 12:00 | 0 | 129 | 5.5 |
| Fema #2: Intermedia | Eden Larabie | 12 | 0 | 12:00 | 0 | 115 | 7 |
| Fema #2: Intermedia | Randeem Andre-fan | 12 | 0 | 12:00 | 0 | 105 | 8 |
| Fema #2: Intermedia | Claire Hopkin | 12 | 0 | 12:00 | 0 | 90 | 9 |
| Fema #2: Intermedia | Carla Roy | 12 | 0 | 12:00 | 0 | 77 | 10 |
| Fema #2: Intermedia | Florence Fullerton | 12 | 0 | 12:00 | 0 | 52 | 11 |
| Fema #2: Intermedia | Kim Goran | 12 | 0 | 12:00 | 0 | 28 | 12 |
| Fema #2: Intermedia | Kim Fleischaker | 12 | 0 | 12:00 | 0 | 16 | 13 |
| Fema #2: Intermedia | Barbara Gajda | 12 | 0 | 12:00 | 1 | 150 | 14 |
| Fema #2: Intermedia | Linda Wilson | 12 | 0 | 12:00 | 1 | 146 | 15 |
| Fema #2: Intermedia | Ali Corwin | 12 | 0 | 12:00 | 1 | 136 | 16 |
| Fema #2: Intermedia | Erika Wilzer | 12 | 0 | 12:00 | 1 | 135 | 17 |
| Fema #2: Intermedia | Cristy Law | 12 | 0 | 12:00 | 1 | 128 | 18 |
| Fema #2: Intermedia | Caroline Chartrand | 12 | 0 | 12:00 | 1 | 90 | 19 |
| Fema #2: Intermedia | Amanda White | 12 | 0 | 12:00 | 2 | 176 | 20 |
| Fema #2: Intermedia | Wendy Novotny | 12 | 0 | 12:00 | 2 | 152 | 21 |
| Fema #2: Intermedia | Danica Sperle | 12 | 0 | 12:00 | 2 | 135 | 22 |
| Fema #2: Intermedia | Lindsey Hoogsteen | 12 | 0 | 12:00 | 2 | 133 | 23 |
| Fema #2: Intermedia | Nicole Osicki | 12 | 0 | 12:00 | 2 | 77 | 24 |
| Fema #2: Intermedia | Christianne Godart | 12 | 0 | 12:00 | 3 | 127 | 25 |
| Fema #2: Intermedia | Nicole Stewart | 11 | 45 | 11:45 | 5 | 180 | 26 |
| Fema #2: Intermedia | Victoria Taylor | 0 | 0 | 00:00 | 6 | 0 | 27 |

| | | MIN | SEC | TIME | PART 3 SCALED | REPS | RANK |
|---|---|---|---|---|---|---|---|
| Fema #3: Novice | Charis Stromberg | 11 | 30 | 11:30 | 0 | 180 | 1 |
| Fema #3: Novice | Valerie Champagne | 12 | 0 | 12:00 | 0 | 174 | 2 |
| Fema #3: Novice | Rhean Nowakowski | 12 | 0 | 12:00 | 0 | 167 | 3 |
| Fema #3: Novice | Dianne Gray-Wysocki | 12 | 0 | 12:00 | 0 | 164 | 4 |
| Fema #3: Novice | Yvonne Grenier | 12 | 0 | 12:00 | 0 | 155 | 5 |
| Fema #3: Novice | Terra Andrews | 12 | 0 | 12:00 | 0 | 105 | 6 |
| Fema #3: Novice | Krista Penner | 12 | 0 | 12:00 | 0 | 76 | 7 |

| | | | MIN | SEC | TIME | PART 3 SCALED | REPS | RANK |
|---|---|---|---|---|---|---|---|---|
| Male | #1: Advanced | Tyson Takasaki | 9 | 9 | 09:09 | 0 | 180 | 1 |
| Male | #1: Advanced | Matt Bathgate | 10 | 30 | 10:30 | 0 | 180 | 2 |
| Male | #1: Advanced | Jordan Derksen | 11 | 54 | 11:54 | 0 | 180 | 3 |
| Male | #1: Advanced | Nick Massie | 12 | 0 | 12:00 | 0 | 176 | 4 |
| Male | #1: Advanced | David Grant Dilling | 12 | 0 | 12:00 | 0 | 171 | 5 |
| Male | #1: Advanced | Jason Trinh | 12 | 0 | 12:00 | 0 | 165 | 6 |
| Male | #1: Advanced | Dale Hopkins | 12 | 0 | 12:00 | 0 | 163 | 7 |
| Male | #1: Advanced | Jason Smith | 12 | 0 | 12:00 | 0 | 161 | 8 |
| Male | #1: Advanced | Blake Fallis | 12 | 0 | 12:00 | 0 | 158 | 9 |
| Male | #1: Advanced | Dave Emery | 12 | 0 | 12:00 | 0 | 157 | 10 |
| Male | #1: Advanced | Gavin Ganab | 12 | 0 | 12:00 | 0 | 150 | 11.5 |
| Male | #1: Advanced | Quinn Taylor | 12 | 0 | 12:00 | 0 | 150 | 11.5 |
| Male | #1: Advanced | Rich Thomas | 12 | 0 | 12:00 | 0 | 146 | 13 |
| Male | #1: Advanced | Brett Smith | 12 | 0 | 12:00 | 0 | 144 | 14 |
| Male | #1: Advanced | Matt Winchar | 12 | 0 | 12:00 | 0 | 131 | 15.5 |
| Male | #1: Advanced | Derek Wickham | 12 | 0 | 12:00 | 0 | 131 | 15.5 |
| Male | #1: Advanced | Rob Webb | 12 | 0 | 12:00 | 0 | 130 | 17 |
| Male | #1: Advanced | Brad Sarna | 12 | 0 | 12:00 | 0 | 129 | 18.5 |
| Male | #1: Advanced | Matt Rajotte | 12 | 0 | 12:00 | 0 | 129 | 18.5 |
| Male | #1: Advanced | Adam Strome | 12 | 0 | 12:00 | 0 | 123 | 20 |
| Male | #1: Advanced | Christopher Reid | 12 | 0 | 12:00 | 0 | 113 | 21 |
| Male | #1: Advanced | Matt MacDonell | 12 | 0 | 12:00 | 0 | 107 | 22 |
| Male | #1: Advanced | Thomas Froh | 12 | 0 | 12:00 | 0 | 90 | 23 |
| Male | #1: Advanced | Nathan Godbout | 12 | 0 | 12:00 | 0 | 85 | 24 |
| Male | #1: Advanced | Yacine Bara | 12 | 0 | 12:00 | 0 | 49 | 25 |

| | | | MIN | SEC | TIME | PART 3 SCALED | REPS | RANK |
|---|---|---|---|---|---|---|---|---|
| Male | #2: Intermedia | Benoit Gordin | 8 | 52 | 08:52 | 0 | 180 | 1 |
| Male | #2: Intermedia | Darren Champagne | 12 | 0 | 12:00 | 0 | 180 | 2 |
| Male | #2: Intermedia | John Waslen | 12 | 0 | 12:00 | 0 | 175 | 3 |
| Male | #2: Intermedia | Renald Vouriot | 12 | 0 | 12:00 | 0 | 170 | 4 |
| Male | #2: Intermedia | Johnpaul Faustino | 12 | 0 | 12:00 | 0 | 145 | 5 |
| Male | #2: Intermedia | Philip Antazo | 12 | 0 | 12:00 | 0 | 143 | 6 |
| Male | #2: Intermedia | Patrick Feal | 12 | 0 | 12:00 | 0 | 140 | 7 |
| Male | #2: Intermedia | Cameron Skypnik | 12 | 0 | 12:00 | 0 | 117 | 8 |
| Male | #2: Intermedia | Kyle Jeffrey | 12 | 0 | 12:00 | 0 | 77 | 9 |
| Male | #2: Intermedia | Josh Kolesar | 12 | 0 | 12:00 | 1 | 120 | 10 |
| Male | #2: Intermedia | Miguel Gauthier | 12 | 0 | 12:00 | 1 | 100 | 11 |