

## WOD 3 Rx

Start	End	Team 1		Team 2		Team 3		Team 4		Team 5		Team 6		Team 7	
<b>Women</b>															
5:30:00 PM	5:37:00 PM	C1	Epic Estrogen - Round	C2	Starke CrossFit	C3	Rochness	C4	The Chalking Dead	C5	UCCP	C6	Team Robo	C7	Ty-O-Rhea
5:37:00 PM	5:44:00 PM	C8	Crossfit Rocked	C9	Hunger Dames	C10	Bar Bellas	C11	Law & The Outlaw	C12	GLAMRAP	C13	Wilson/Chartrand		
5:44:00 PM	5:51:00 PM	C14	The Bear Complexitie	C15	Rockin' 30's	C16	Smash	C17	Strength is Booty	C18	Squats n' Shots	C19	Math and Muscles		
5:51:00 PM	5:54:00 PM	<b>Men</b>													
5:54:00 PM	6:01:00 PM	D1	Vicious and Delicious	D2	A farmer and a teach	D3	acme	D4	#wtfmichael	D5	Secret Lovers	D6	Taylor Mason		
6:01:00 PM	6:08:00 PM	D7	Don't make me do D	D8	Owen and Joel	D9	Not So Secret Lovers	D10	Ronimal / Schabbs	D11	Pipes and hoses	D12	Buck Furpees		
6:08:00 PM	6:15:00 PM	D13	CHAIN OF COMMAN	D14	Schweddy Wall Balls	D15	Swolimates	D16	High Drag, Low Speed	D17	Prestige Worldwide	D18	CrossFit 204		
6:15:00 PM	6:22:00 PM	D19	Thruster? I barely kn	D20	Butch and sundance	D21	James & Darren	D22	Pull Up or Pull Out	D23	Steve & Darryll	D24	Red River Rebellion		